

I am a researcher at the Norwegian Centre for Child Behavioural Development, and received my PhD in motivational psychology at the University of Oslo in 2008 (supervisor: Professor Torgrim Gjesme). My research interests are primarily in examining the interface between personality, motivation, cognition and behavior. I have served as a reviewer for journals as Journal of Adolescent, Personality and Individual Differences, Scandinavian Journal of Educational Research among others. Currently I am working with four research topics:

1. Motivation and temporal distance
2. Reinforcement sensitivity theory and motivation and antisocial behaviour
3. Development and prevention of antisocial behavior, childhood behavior problems, and psychopathology.
4. Mediators and moderators of the approach and avoidance – performance relationship.

The research are represented in journals as Personality and Individual Differences, Educational and Psychological Measurements, and as a book chapter in Contemporary Motivation Research. Moreover, it have resulted in presentations at internationals conferences in the field of clinical psychiatry, criminology, applied psychology, and educational psychology.

