Women’s and Men’s Sexual Health: A Biopsychosocial Model

Aims

The main goal of this study is to contribute to clarify the role of psychological, relationship, biological and contextual variables, as potential protective factors of women’s sexual health or as vulnerability and maintaining factors of sexual problems. Additionally, we intend to discuss implications for prevention and treatment of sexual dysfunction, in the broader context of a biopsychosocial model of women’s sexuality.

With the first, exploratory study, we intend to understand women’s sexual response, in its relation with psychological, relationship, contextual and biological aspects suggested by the scientific literature.

With the experimental study, our goal is to understand the importance of the sexual context used (erotic/relationship versus sexually explicit) for women’s sexual, cognitive and affective responses. We also intend to deepen understanding on the role of cognitive, affective and relationship variables as mediators of women’s sexual response to different sexual contexts.

Publications:

